

MARINE DISTRESS VHF RADIO PROCEEDURE

* Complete this form now and post near your vhf radiotelephone for use if you are in DISTRESS

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SPEAK SLOWLY - CLEARLY - CALMLY

1. MAKE SURE YOUR RADIOTELEPHONE IS ON.
2. SELECT VHF CHANNEL 16 (156.8 MHZ).
3. PRESS MICROPHONE BUTTON AND SAY: **"MAYDAY - MAYDAY - MAYDAY"**
4. SAY: **"THIS IS** _____ **."**
(Your call sign and boat name repeated three times.)
5. SAY: **"MAYDAY** _____ **."**
(Your boat name)
6. TELL WHERE YOU ARE (WHAT NAVIGATIONAL AIDS OR LANDMARKS ARE NEAR?)
7. STATE THE NATURE OF YOUR DISTRESS.
8. GIVE NUMBER OF PERSONS ABOARD AND CONDITIONS OF ANY INJURED.
9. ESTIMATE PRESENT SEAWORTHINESS OF YOUR BOAT.
10. BRIEFLY DESCRIBE YOUR BOAT: _____ **FEET**; _____ ; _____ **HULL**;
(Length) (Type) (Color)
_____ **TRIM** ; _____ **MASTS** ; _____
(Color) (Number) (Anything else you think will help rescuers find you.)
11. SAY: **"I WILL BE LISTENING ON CHANNEL 16"**
12. END MESSAGE BY SAYING: **"THIS IS** _____ **OVER"**
(Your call sign/boat name.)
13. RELEASE MICROPHONE BUTTON AND LISTEN, SOMEONE SHOULD ANSWER. IF NOT, REPEAT CALL, BEGINNING AT ITEM NUMBER 3 ABOVE. IF THERE IS STILL NO ANSWER, SWITCH TO ANOTHER CHANNEL AND BEGIN AGAIN.